MEXICAN SKILLET MEAL

SERVES 4

Preparation time: 30 minutes
Cook time: 10-15 minutes

INGREDIENTS

2 potatoes
1 medium tomato, chopped
1 medium green pepper, chopped
1 medium onion, chopped
½ teaspoon salt
½ teaspoon pepper

1 cup cooked chicken or turkey, cut into cubes
4 eggs
Grated cheese (optional)

DIRECTIONS

1. Boil potatoes until slightly tender, about 10 minutes. Chop potatoes and set aside.
2. Sauté green pepper and onion in a large skillet, season with salt and pepper.
3. Beat eggs, pour into skillet, and scramble.
4. Add chopped potatoes, grated cheese, and cooked meat before eggs, are completely done.
5. Heat until cheese is melted and eggs are cooked.

SIMPLY GOOD EATING

Preparation time: 30 minutes
Cook time: 10-15 minutes

SERVES 4

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