Dear Teachers,

Additional Go Wild activities that you do can be documented as in-kind match for the Nutrition Education Program. Use this form to track your in-kind contribution. Many thanks.

Time to coordinate program ____________ minutes

**Lesson One: MyPyramid and Grains**

Step to MyPyramid Activity Chart = **40 minutes** (2 minutes for instruction and tracking on chart each day)

Teacher Packet Activities ________ hours _______ minutes

Photo copying _______ minutes

**Total** (Step to MyPyramid Chart + Teacher Packet Activities + Photo copying) ________hours ______ minutes

**Lesson Two: MyPyramid and Fruits and Vegetables**

Step to MyPyramid Activity Chart = **40 minutes** (2 minutes for instruction and tracking on chart each day)

Teacher Packet Activities ________ hours _______ minutes

Photo copying _______ minutes

**Total** (Step to MyPyramid Chart + Teacher Packet Activities + Photo copying) ________hours ______ minutes

**Lesson Three: MyPyramid and Healthy Oils**

Step to MyPyramid Activity Chart = **40 minutes** (2 minutes for instruction and tracking on chart each day)

Teacher Packet Activities ________ hours _______ minutes

Photo copying _______ minutes

**Total** (Step to MyPyramid Chart + Teacher Packet Activities + Photo copying) ________hours ______ minutes
Lesson Four: MyPyramid and Milk

Step to MyPyramid Activity Chart = 40 minutes (2 minutes for instruction and tracking on chart each day)
Teacher Packet Activities ________ hours _______ minutes
Photo copying _______minutes
Total (Step to MyPyramid Chart + Teacher Packet Activities + Photo copying) _______hours _______ minutes

Lesson Five: MyPyramid and Meat and Beans

Step to MyPyramid Activity Chart = 40 minutes (2 minutes for instruction and tracking on chart each day)
Teacher Packet Activities ________ hours _______ minutes
Journaling Assignment ________ hours________minutes
Photo copying _______minutes
Total (Step to MyPyramid Chart + Teacher Packet Activities + Photo copying) _______hours _______ minutes

Lesson Six: Go Wild with MyPyramid Party

Course Evaluation_________minutes